

# Sheila Canini, MSN, FNP-BC, PMHNP-BC

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## SUMMARY OF QUALIFICATIONS

- Experience includes positions as a Board Certified Family Nurse Practitioner and Psychiatric Nurse Practitioner
- Excellent record in health care, detail-oriented, organized, vigilant, adept at managing multiple and diverse tasks simultaneously under pressure
- Exhibits leadership, supervisory skills, decision-making and problem-solving
- 29 years as a nurse in the US Army Reserve Nursing Corp, Retired, rank of Major, and was the Assistant Head Nurse of a Combat Support Hospital
- Instrumental in building positive relationships with administration, staff, physicians, patients, and families
- Extensive knowledge of medications and pharmaceutical disbursement
- Highest level of personal integrity, dedication, and commitment
- Experience monitoring patient results and progress toward specific goals

## CERTIFICATION

- Psychiatric Nurse Practitioner, PMHNP-BC Ohio – 4/2024
- Family Nurse Practitioner, FNP-BC Ohio - 10/2019
- DEA License, 11-21-2019
- MAT Certified, "X" DEA Waiver, 01/2020
- DOT Certified Physical Examinations, Oct 2021
- Basic Life Support, BCLS Certified, 2019
- Certified Health Coach, CHC, 2015
- Certified Legal Nurse Consultant, CLNC® Vickie Milazzo Institute, 2009

## EDUCATION

- PMHNP Certificate Psychiatric Nurse Practitioner, Purdue University Global  
9000 Keystone Crossing, Indianapolis IN, 46240, 08/2022-01/2024
- FNP Certificate Family Nurse Practitioner, Purdue University Global  
9000 Keystone Crossing, Indianapolis IN, 46240, 08/2017-07/2019
- Master of Science in Nursing, University of Phoenix  
4615 E. Elwood St, Phoenix, AZ, 85040, 02/1999 - 02/2001
- Bachelor of Science in Nursing, Grand Canyon University  
3300 W. Camelback Rd., Phoenix, AZ 85017, 08/1993 - 05/1995

## PROFESSIONAL EXPERIENCE:

### Theoria Medical

41850 W 11 Mile Rd, Unit 207, Novi, MI 48375

Family Nurse Practitioner, 06/2024 – present

Essential Duties and Responsibilities

- Psychiatric Care: Manage psychiatric conditions in elderly patients, including depression, anxiety, and dementia, ensuring proper medication management and monitoring patient responses.
- Medication Management: Prescribe and adjust psychiatric medications, ensuring treatment plans align with mental and physical health needs.
- Chronic Disease & Acute Care: Treat and manage chronic conditions (diabetes, hypertension, COPD) alongside acute medical issues, providing comprehensive patient care.
- Rehabilitation Collaboration: Work with rehabilitation teams (physical, occupational, speech therapists) to support patient recovery and improve functional outcomes.
- Interdisciplinary Teamwork: Collaborate with physicians, nurses, therapists, and social workers to develop and implement individualized care plans.

- Patient & Family Education: Educate patients and families on psychiatric conditions, medication management, and treatment plans, promoting mental health awareness.

**Purdue Global University**

**2550 Northwestern Avenue, Suite 1100, West Lafayette, IN 47906**

**Student, Psychiatric Mental Health Nurse Practitioner Certificate, 08/2022 – graduated 01/2024**

Studies included Clinicals for

- Adult psychiatric rotation, 130 hours
- Adult psychiatric diagnosis and medication management rotation, 130 hours
- Pediatric psychiatric rotation, 130 hours
- Inpatient psychiatric rotation, 130 hours

**Global Wellness Center**

**3355 Cleveland Ave, Ste 1963, Columbus, OH, 43224**

**Family Nurse Practitioner & Addiction Nurse, MAT Certified, “X” DEA Waiver, 03/2022 – 01/2024**

Essential Duties and Responsibilities

- Provide initial evaluation, diagnosis, treatment, and ongoing support for individuals with complex addiction and substance-related health conditions for up to 275 adults.
- Provide diagnosis of Opioid Use Disorder and co-occurring mental health conditions
- Safely and effectively start treatment with buprenorphine-naloxone for OUD, manage the early induction and stabilization phase of care with close follow-up
- Utilize motivational interviewing and other engagement and rapport-building techniques to achieve optimal patient outcomes
- Complete full and appropriate documentation to support professional billing for services
- Provide education regarding illness and prognosis to assist with clarification of patient and family goals of care and support development of a comprehensive care plan
- Interpreting test results to diagnosis any health issues and provide feedback to patients
- Educating and counseling patients regarding medication compliance
- Work with an interdisciplinary team of professionals to administer the best care for those patients that need not only medical therapy but behavioral health services as well
- Patient follow-up visits regarding patients' progress with medication and/or treatment
- Contacts patient's PCP and/or specialist(s) when necessary
- Evaluate lab results and provide consultation with APPs regarding abnormal results
- Review and oversee the progress and treatment plans, including making any adjustments
- Maintains required licensure, certifications, and CME credit

**Buckeye Urgent Care**

**3055 Cleveland Ave, Columbus, OH, 43224**

**Family Nurse Practitioner, Board Certified, 02/2021 – 02/2023**

Urgent Care and Primary Care Treatment

- Assessing urgent and primary care patient conditions, diagnosis, and develop treatment plans
- Perform comprehensive physical examinations
- Interpreting health and lab measurements to develop treatment plans
- Prescribing medication and facilitating suitable treatment interventions
- Maintaining and updating patient medical charts
- Reporting deteriorating conditions and referral to specialists
- Explaining treating plans, after-care instructions, and answering patient questions

**Signify Health**

**4055 Valley View Lane, Ste 400, Dallas, TX 75244**

**Family Nurse Practitioner, Board Certified, 11/2019 - present**

**Common Health Risk Assessments for Care Coordination**

- Medication Reconciliation
- Health Literacy Assessment
- Functional Risk Assessment
- Fall Risk Assessment
- Environmental Risk Assessment
- Digital Literacy Assessment
- Depression Risk Assessment
- Substance Use Assessment
- Social and Financial Risk Assessment

**Community Health and Intervention**

**Columbus, OH**

**Family Nurse Practitioner & Addiction Nurse, MAT Certified, "X" DEA Waiver, 02/2021 – 03/2022**

**Essential Duties and Responsibilities**

- Provide initial evaluation, diagnosis, treatment, and ongoing support for individuals with complex addiction and substance-related health conditions
- Complete full and appropriate documentation to support professional billing for services
- Provide education regarding illness and prognosis to assist with clarification of patient and family goals of care and support development of a comprehensive care plan
- Interpreting test results to diagnosis any health issues and provide feedback to patients
- Educating and counseling patients regarding medication compliance
- Work with an interdisciplinary team of professionals to administer the best care for those patients that need not only medical therapy but behavioral health services as well
- Patient follow-up visits regarding patients' progress with medication and/or treatment
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**Gem City Home Care, Registered Nurse**

**565 Metro Place S., Columbus, OH 43017**

**Home Health Nurse, 07/2019 – 02/2020, Contract ended**

- Travel to client's home to evaluate and report vital signs using an EMR
- Report any changes to the case managers and physician's office
- Confidently initiate IV therapy and drew blood specimens from patient within their home
- Ensure all medications are present and assist in refilling medications
- Involved in providing education to client's based on their individualized care plan

**US Army Reserve Nursing Corp**

**765 Taylor Station Rd., Blacklick, OH 43004**

**Officer, 11/1989 – 11/2017 Retired**

- Major in the Army Reserve
- Taught Junior Officer RN's and LPN's nursing care for all types of combat casualties during low/high-intensity conflicts, wartime environments and other contingency activities
- Counseled and prepared evaluation reports on Junior Officers and Enlisted soldiers
- Assistant Head Nurse of a Combat Support Hospital
- Provided nursing care to Active Duty and Reserve Soldiers
- During Operation Desert Storm, prepared and shipped a 260-bed portable combat support hospital to Saudi Arabia and while there was responsible for the care of Iraqi prisoners of war

**AIAM School of Nursing**

**6685 Double Tree Ave., Columbus, OH 43235**

**Nurse Educator, 04/2016 – 07/2017**

- Planned and taught curriculum for undergraduate or graduate-level courses
- Lectured on topics including community health care and pharmacology
- Supervised nursing students in clinical laboratories where they were taught how to perform fundamental nursing skills, such as changing of dressings, administration of medications or other hand-on tasks
- Carried out evaluations of nurses and certified them based on competence